

# Midwest Psychological Center Correctional Mental Health Services

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Midwest Psychological Center, Inc., was formed in 1978 to provide mental health and social services. Midwest Psychological Center is a for-profit organization that provides diverse services to clients in Indiana and other parts of the Midwest. Our professional staff includes specialists in a variety of areas.

The Division of Correctional Mental Health of Midwest Psychological Center adheres to a philosophy that supports societal, institutional and offender needs.

Consistent with the legislative mandate to assist offender reintegration into society, Midwest provides empirically-based mental health services designed to stabilize and enhance behavioral functioning.

Consistent with the mission to provide a safe, secure and humane correctional environment, Midwest seeks to provide mental health services that are cost effective, compassionate and competent.

The establishment and maintenance of a safe physical and emotional environment may be accomplished though providing services directly to offenders and consultation/training with institutional staff or liaison with county and statewide agencies.

## Mission

The mission of the mental health services program within the correctional setting is to provide assessment and treatment services to offenders; and consultation, training, and educational services related to mental health issues to correctional staff.

## Services

Midwest provides a comprehensive range of mental health services that includes screening, emergency triage, crisis intervention, medication management, short term therapy, substance abuse treatment coordination, and reintegration.

## Who We Are

### **Shelvy Haywood Kegl, Ph.D., HSPP, President**

A distinguished alumnus of Arkansas State University, Dr. Kegl was a founding member of the Indiana Black Psychologists, the Indiana Minority Mental Health Professional Association, and the Counselor Association of Alcohol and Drugs. Dr. Kegl has over 30 years experience in mental health, rehabilitation and social services, including 10 years at a community health center.

### **Dr. Gabra S. Gachaw, M.D., Psychiatrist, Medical Director**

Dr. Gachaw, a graduate of Indiana University Medical School, is certified by the Board of Psychiatry and Neurology.

### **Dr. Kris Schnur, Ph.D., HSPP, Director of Professional Services**

Dr. Schnur received his doctorate in Counseling Psychology from Indiana State University. Dr. Schnur has experience in administering, scoring, and interpreting psychological evaluations for individuals of all ages.

### **Shelvy Kegl, Jr., MBA, Director of Administration**

Mr. Kegl is responsible for the implementation of marketing and sales strategies and business development including client services, proposal development, pricing and budget preparations.

### **Karen Carlson, B.S., Assistant Business Development**

Ms. Carlson holds a Bachelors Degree in Public Health from Indiana University and is responsible for contract compliance and quality improvement.